

**Transition Resources:**

**Michelle Rivelli, M.D. revised Oct 2015**

**Guardianship/Conservatorship:** Start at age 17 ½: contact local probate court for forms, instructions

**Special Needs Planning/Trusts:** Most financial planning organizations (Met Life, Northwestern Mutual, etc.) have experience in this area and sponsor free seminars on this topic. Also PLAN of CT administers special needs trusts and can be contacted at [www.planofct.org](http://www.planofct.org) (860) 523-4951 and "Special Needs Alliance" Provides monthly e-mail newsletters on topics relative to financial planning and special needs: [www.specialneedsalliance.org](http://www.specialneedsalliance.org)

**SERC: (Special Education Resource Center) 860-632-1485**

**CPAC: CT Parent Advocacy Center:** [www.cpacinc.org](http://www.cpacinc.org), 1-800-445-2722

**Autism Services and Resource Connecticut (ASRC):** <http://www.autismconnecticut.org> 203-265-7717  
Wallingford, CT

**Department of Developmental Services: (Intellectual Disability Division and Autism Division) 211, [www.ct.gov/dds](http://www.ct.gov/dds)**

**Transition Assessment Resource Manual 2008:** CT Dept of Education,  
[http://www.sde.ct.gov/sde/lib/sde/PDF/DEPS/Special/Transition Assessment Manual.pdf](http://www.sde.ct.gov/sde/lib/sde/PDF/DEPS/Special/Transition%20Assessment%20Manual.pdf)

**Connecticut Transition Services in College, University and Community Based Settings:** Sept 2010, Bureau of Special Education

**Easing Into Secondary Transition: A Comprehensive Guide to Resources and Services in CT**

**Department of Social Services:** [www.ctgov/dss](http://www.ctgov/dss)

**Social Security:** 1-800-772-1213, [www.ssa.gov](http://www.ssa.gov)

**Connect-ability** [www.connect-ability.com/](http://www.connect-ability.com/)

**OAR-"Guide to Transition to Adulthood"**

**Bureau of Rehab Services:** [www.brs.state.ct.us](http://www.brs.state.ct.us)

**Assisted Living Technologies:** 203-235-TECH [www.assistedlivingtechnologies.com](http://www.assistedlivingtechnologies.com)

**CT Tech Act Website:** [www.cttechact.com](http://www.cttechact.com)

**Advocacy:**

**Local State Senators & Representatives**

**The ARC of CT: Families for Families [www.thearcct.org/families-for-families](http://www.thearcct.org/families-for-families)**

**Facebook groups: Families First**

**CT DDS Family Empowerment Task Force**

**State of CT Office of Protection & Advocacy**

## **Safety and Living Environment:**

**Enhanced 911:** A special emergency response system for people with disabilities. When an "enhanced 911" call is received by a 911 dispatcher, the person's address and pertinent information about that person's disability is displayed so that the responders are aware of any special needs at that address. Contact 211 for application.

**Medic alert and personal identification devices** (eg: Lauren's Hope)/various **GPS locators** such as those on i-pad/touch or personal devices

**Locks and fencing:** consider grants through autism associations/DDS/Children with Special Health Care Needs

**Durable Furniture:** Flex Steel brand, Foamature, Bean Bag Chairs

**Assistive Technology:**

## **Special Needs (Puberty and Sexuality Resources)**

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- Puberty and Sexuality Resources For Parents of Youth with Autism, Laura Graham, University of Utah July 2012
- Puberty and Sexuality Resources For Youth with Autism, Laura Graham, University of Utah July 2012
- Puberty and Sexuality Resources For Pediatricians of Youth with Autism, Laura Graham, University of Utah July 2012
- Autism Speaks
- Oak Hill Center for Relationship & Sexuality [www.oakhillcrse.org](http://www.oakhillcrse.org)
- YCSC: Kathy Koenig MSN, APRN [Kathy.koenig@yale.edu](mailto:Kathy.koenig@yale.edu) 203-737-4337  
(particular interest girls and women with ASD's)